

## Cookery: Spice Mix MasterClass

Join us for this relaxing and fun workshop where we will learn about Indian Spices and create your own Masala mix. You will be welcomed into the studio by our professional tutor, who will guide you through the process of creating your own masala blend, grinding spices, working out a balance of flavours and how to use your mixture in your cooking. You will leave the class with a pot of your own masala blend and range of ideas on how to use it.

This is a non-funded course and as such concessionary rates do not apply.

All materials are included in this great workshop.

If you are interested in developing your cooking skills with healthy eating in mind, book onto one of our courses from the life skills: healthy eating/cooking offer.

Start Date: 31 January 2026

Start Time: 10:00

Lessons: 1

Weeks: 1

Hours: 2.00

### **Venue**

Rochester Adult Education Centre  
Rochester Community Hub  
Eastgate  
ME1 1EW

### **What Will I Learn On This Course?**

Learners will:

1. Demonstrate an understanding of the correct H&S requirements in the studio as set out in the MAE ground rules/ learner contract.
2. Work out flavour blends to apply to your mixture.
3. Produce a pot of masala blend.

Whether you would like to learn new creative skills or to investigate the possibility of a new art -based career, MAE Community Learning courses can provide you with a stepping stone to progress

### **Is This Course Suitable For Me?**

Suitable for all

### **Is There Anything Else I Need To Know About This Course?**

No open toed shoes.

Long hair must be tied back (hairbands will not be provided)

All learners must provide their own apron.

Please be aware that whilst this course is practical in nature some sessions will include theory and professional related training such as H&S, risk assessments, public liability etc

### **Will There Be Additional Costs?**

All learners must provide their own apron.

### **What Could I Go On To Do After This Course?**

Your tutor can talk to you about other subject related course available.

Medway Adult Education works with many partners locally such as MidKent College, Medway School of Arts and the University of Kent; information about their courses can be found in our studios, café and on Moodle. Medway has an exciting and wide-range of events, exhibitions and activities to inspire and help you make further progress - please see the community noticeboards in the Rochester Centre and again on Moodle. Your tutor will be able to talk through your individual progression options.

If you wish to explore your learning, work or career options, you can speak to a fully trained careers advisor on 0800 100 900. <https://nationalcareersservice.direct.gov.uk>

If you need further advice please telephone 01634 338400.

### **What Is The Attendance Policy?**

Single session-

This is one session course- please attend for the duration of the lesson. If you enrol and then cannot attend, please inform us as soon as possible on 01634 338400 so that your place can be given to someone else.

## **Health & Safety**

### **Health and Safety Disclaimer**

By participating in the live class, you accept that you understand that cookery involves potentially hazardous tools and equipment and that such activity carries the risk of injury. You understand that it is your responsibility to judge your motor skills and physical ability.

It is your responsibility to ensure that by participating in classes and activities from Medway Adult Education, you will not exceed your limits while performing such activity, and you will select the appropriate level of task for your skills and abilities.

You understand that this is a cookery activity, and you will need to be suitably dressed, you will need protect your work surface and be mindful of the correct Health & Safety processes when working with art materials. MAE is not responsible for damage to items in your house / home or person.

The creators, owners and distributors of this site and the material available MAE are not responsible for any injuries you may experience because of your use of this site and the material contained here on. By remaining on this site and/or accessing and / or using any material, you are accepting that you have read, understood and agreed to follow these basic instructions.